



SUMMARY

Men's 4X400m Relay - World Ch. Qualifying Round 1

First 2 of each heat (WQ) plus 2 fastest times (Wq) qualify to World Athletics Championships and World Athletics Relays Final

RECORDS	RESULT	TEAM		VENUE	DATE
World Record WR	2:54.29	UNITED STATES	USA	Stuttgart (GER)	22 Aug 1993
Championship Record CR	2:57.25	UNITED STATES	USA	Nassau (BAH)	25 May 2014
World Leading WL	2:57.50	SOUTH AFRICA	RSA	Guangzhou (CHN)	11 May 2025
Area Record AR		National Record NR	Season Best SB		

2 May 2026

RANK	PLACE	HEAT	LANE	BIB	TEAM	REACTION	RESULT		
1	1	1	2	SEN	SENEGAL	0.123	2:59.82	WQ	NR
2	2	1	5	POL	POLAND	0.543	3:00.92	WQ	SB
3	1	3	9	POR	PORTUGAL	0.120	3:00.99	WQ	
4	1	2	7	IRL	IRELAND	0.110	3:01.11	WQ	NR
5	2	2	6	ZAM	ZAMBIA	0.121	3:01.28	WQ	SB
6	3	1	8	ITA	ITALY	0.432	3:01.42	Wq	SB
7	2	3	7	BOT	BOTSWANA	0.123	3:01.77	WQ	
8	4	1	9	QAT	QATAR	0.654	3:02.07	Wq	
9	3	3	5	NED	NETHERLANDS	0.764	3:02.36		
10	4	3	2	JAM	JAMAICA	0.122	3:02.59		SB
11	5	1	6	AUS	AUSTRALIA	0.234	3:02.62		
12	3	2	3	CHN	PR OF CHINA	0.321	3:02.72		
13	5	3	8	GBR	GREAT BRITAIN & NI	0.119	3:02.85		
14	6	3	4	GER	GERMANY	0.654	3:03.29		
15	6	1	7	IND	INDIA	0.213	3:03.83		
16	7	3	6	ESP	SPAIN	0.876	3:03.86		
17	4	2	8	RSA	SOUTH AFRICA	0.117	3:04.29		
18	7	1	3	BEL	BELGIUM	0.111	3:04.80		
19	8	3	3	MEX	MEXICO	0.123	3:05.21		
20	5	2	5	ZIM	ZIMBABWE	0.876	3:05.33		
21	6	2	2	BRA	BRAZIL	0.123	3:06.07		
22	8	1	4	USA	UNITED STATES	0.876	3:06.15		
23	7	2	9	FRA	FRANCE	0.115	3:06.53		
24	8	2	4	KEN	KENYA	0.876	3:06.68		

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	TEAM	VENUE	DATE	RESULT	TEAM	VENUE	2026
2:54.29	UNITED STATES (USA)	Stuttgart (GER)	22 Aug 93	2:59.82	SENEGAL (SEN)	Gaborone	2 May
2:54.53	BOTSWANA (BOT)	Paris (FRA)	10 Aug 24	3:00.00	SOUTH AFRICA (RSA)	Guangzhou (CHN)	10 May
2:55.83	GREAT BRITAIN & NI (GBR)	Paris (FRA)	10 Aug 24	3:00.30	FRANCE (FRA)	Guangzhou (CHN)	10 May
2:56.72	BAHAMAS (BAH)	London (GBR)	10 Aug 12	3:00.87	KENYA (KEN)	Nairobi (KEN)	26 Apr
2:56.75	JAMAICA (JAM)	Athina (GRE)	10 Aug 97	3:00.92	POLAND (POL)	Gaborone	2 May
2:57.18	NETHERLANDS (NED)	Tokyo (JPN)	7 Aug 21	3:00.99	PORTUGAL (POR)	Gaborone	2 May
2:57.72	ADIDAS (INT)	Gainesville, FL (USA)	16 Apr 22	3:01.11	IRELAND (IRL)	Gaborone	2 May
2:57.75	BELGIUM (BEL)	Paris (FRA)	10 Aug 24	3:01.23	UNITED STATES (USA)	Guangzhou (CHN)	10 May
2:58.00	POLAND (POL)	New York, NY (USA)	22 Jul 98	3:01.23	BOTSWANA (BOT)	Guangzhou (CHN)	10 May
2:58.12	TRINIDAD AND TOBAGO (TTO)	London (GBR)	13 Aug 17	3:01.28	ZAMBIA (ZAM)	Gaborone	2 May
2:58.12	SOUTH AFRICA (RSA)	Paris (FRA)	10 Aug 24				

